## Big Magic: Creative Living Beyond Fear

By Elizabeth Gilbert

## **Discussion Questions:**

- How much did you know about this book before picking it up? What surprised you the most about the book?
- Was there a concept/chapter that resonated with you? Do you have a favorite passage or quote? If so, share which and why.
- What does the term "creative living" mean to you?
- Gilbert finds that the best way to deal with fear is to welcome it on her creative journey. What did you think? If you were to, as Gilbert suggests, write a letter to fear, what would yours say?
- What have you done to foster creative courage in challenging times, such as during the pandemic?
- Did the book inspire you to take action, change your behavior, or think differently about creativity? How do you cultivate creativity when it is lacking?

Would you recommend this book to someone? Why or why not (or with what caveats)?

